

## BioPure Collagen Protein

Naturally Sourced Collagen Protein.

### Quantity:

- 400 g pouch (20 serves)

### Benefits:

- Nutritional protein supplement for tissue repair, growth and development of bone, and satiety.
- Low carbohydrate, low reactive and low allergenic protein source.
- Collagen peptides are rich in hydroxyproline and Type I and Type III collagen.
- Nutritional protein supplement: Adequate protein is necessary for normal growth and development,<sup>4</sup> and contributes to the growth and maintenance of muscle mass.<sup>5</sup> A protein rich diet may decrease hunger.<sup>6</sup> Adequate protein intake supports satiety via suppressing plasma ghrelin,<sup>7</sup> stimulating cholecystokinin (CCK) secretion<sup>8</sup> and enhancing the effect of leptin.<sup>9</sup>
- Wound healing: Collagens act as a foundation for the intracellular matrix formation in wound healing, providing integrity and strength to tissue, especially during the proliferative and remodelling phases of repair.<sup>10</sup> Collagen peptides contain the branched chain amino acids – valine, leucine and isoleucine, helping to delay physical fatigue.<sup>11</sup>
- The collagen peptides in BioPure Collagen Protein are derived from a bovine source and have a neutral odour and flavour. They have excellent solubility and dispensability, perfect for mixing into liquids.

### Dosage:

- Adults: Add 1 serve (20.0 g) (2 metric tablespoons) into your choice of beverage, allowing 30 seconds for collagen to dissolve. Or add 1 serve (20.0 g) (2 metric tablespoons) into your choice of food.
- Children and adolescents aged 4 years and over:  
Add ½ serve (10.0 g) (1 metric tablespoon) into your choice of beverage, allowing 30 seconds for collagen to dissolve. Or add ½ serve (10.0 g) (1 metric tablespoon) into your choice of food.

- Shake well before use.

## Warnings:

- This product is sold by weight not volume. Some settling may occur. Do not use if seal is broken.

## Price:

- \$59.40

## Image:



## Nutritional Information:

Average values given.	
Typical amino acid breakdown (g per serve):	
Alanine	1.65
Arginine	1.51
Aspartic acid	0.88
Cysteine	0.00
Glutamic acid / Glutamine	1.97
Glycine	4.58
Histidine	0.18
Hydroxylysine	0.29
Hydroxyproline	2.42
Isoleucine*	0.24
Leucine*	0.51
Lysine*	0.65
Methionine	0.18
Phenylalanine	0.31
Proline	2.69
Serine	0.67
Threonine	0.37
Tryptophan	0.00
Tyrosine	0.12
Valine	0.43
*Essential amino acids	

## Ingredients:

- Collagen peptides (95.26%), natural and nature identical flavours, steviol glycosides.
- Free from dairy protein, lactose, eggs, gluten, wheat, nuts, yeast, soy protein and salt. Free from artificial colours, flavours and preservatives.
- Excipients: Corn maltodextrin, Glucose syrup powder (from potato), Pea dextrin and Tapioca maltodextrin. For more information about excipients used in this product, see our full excipient list here.

## **Storage:**

- Store below 30° C